

# 40+ BOOKS THAT TEACH KIDS ABOUT FOOD

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## BOOKS ON FRUITS AND VEGETABLES

Eating the Alphabet from A to Z by Lois Ehlert  
Where Do Bananas Come From? A Book of Fruits By Dani Lebovitz, MS, RDN, CSSD, CDE  
Mrs. Peanuckle's Fruit Alphabet by Mrs. Peanuckle  
Go Go, Grapes! A Fruit Chant by April Pulley Sayre  
Rah - Rah - Radishes! A Vegetable Chant by April Pulley Sayre  
Blueberries for Sal by Robert McCloskey  
The Very Hungry Caterpillar by Eric Carle  
Carrot Soup by John Segal  
Growing Vegetable Soup by Lois Ehlert  
The Watermelon Seed by Greg Pizzoli  
Pumpkin Soup by Helen Cooper  
The Boy Who Loved Broccoli by Sarah A. Creighton  
Ten Apples Up On Top by Dr. Seuss  
Monsters Don't Eat Broccoli by Barbara Jean Hicks  
Stone Soup by Ann McGovern

## BOOKS ON PICKY EATING

The Seven Silly Eaters by Mary Ann Hoberman  
Gregory, The Terrible Eater by Mitchell Sharmat  
I Will Never Not Ever Eat A Tomato by Lauren Child

## FOOD SCIENCE

Science Experiments You Can Eat by Vicki Cobb  
Edible Science: Experiments You Can Eat by National Geographic  
Kitchen Science Labs for Kids by Liz Lee Heinecke

## BOOKS ON DIFFERENT FOODS

Pancakes, Pancakes by Eric Carle  
Today is Monday by Eric Carle  
How to Make an Apple Pie and See the World by Marjorie Priceman  
Tyler Makes Spaghetti by Tyler Florence  
Green Eggs and Ham by Dr. Seuss  
To Market, To Market by Nikki McClure  
Cloudy with a Chance of Meatballs by Judi and Ron Barrett  
Dragons Love Tacos and Dragons Love Tacos 2 by Adam Rubin  
If You Give a Pig A Pancake by Laura Numeroff  
If You Give a Mouse A Cookie by Laura Numeroff  
If You Give a Moose A Muffin by Laura Numeroff  
Bread and Jam for Frances by Russell and Lillian Hoban  
The Popcorn Book by Tomie de Paola  
Secrets of the Garden: Food Chains and the Food Web in Our Background By Kathleen Weidner Zoehfeld  
Pinkalicious by Victoria and Elizabeth Kann  
Pizza at Sally's by Monica Wellington  
Rodeo Ron and His Milkshake Cows by Rowan Clifford  
Chicks and Salsa by Aaron Reynolds  
**BOOKS ON FOOD ALLERGIES**  
The Bugabees: Friend with Food Allergies by Amy Recob  
The Peanut Free Cafe by Gloria Coster  
The Princess and the Peanut Allergy by Wendy McClure